

Posing Prompt Showcase for SD1.5

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Initial release, 2023/10/17
1st update, 2023/11/01
2nd update, 2023/12/02
3rd update, 2024/01/21

- A reference document of “Posing” prompt with showcase in SD 1.5
 - Testing on checkpoint [AnalogMadness_V60](#)
 - Initial release, page 4 to page 47
 - 1st update, page 49 to page 101
 - 2nd update, page 103 to page 155
 - Testing on checkpoint [AnalogMadness_V70](#)
 - 3rd update, page 158 to page 189

Showcase Setting

- All showcases are generated by [WebUI1111 ver.1.6.1](#), with [Hires. fix enable](#), [ADetailer enable](#), and detail settings are shown in below tables.

Checkpoint	AnalogMadness_v60
VAE	vae-ft-mse-840000-ema-pruned
Clip skip	1
Sampling Method	DPM++ SDE Karras
Step	30
Image Width	768
Image Length	512
CFG	7
seed	-1

Hires. fix	enable
upscaler	4x-UltraSharp
Hires step	20
Denoising strength	0.3
Upscaler to	2
ADetailer	enable
1st	face_yolov8m.pt
Mask only the top k largest (0 to disable)	1
Inpaint denoising strength	0.3

Positive Prompt

full body,photo of a 18 year old girl,**baking**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,boxing,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,camping,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,Cleaning,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,climbing,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,**cooking**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,**cycling**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,**dancing**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,diving,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,**drumming**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,**eating**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurred background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,**fighting stance**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,**fishing**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,**flying in the air,supergirl**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,**gardening**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,golfing,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,**hiking**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,**hugging**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,**ice skating**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurred background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,**ironing**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,**jogging**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,**jumping**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,**kissing**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,**leaning against the wall**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,meditating,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,**painting**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,**painting the wall,street art**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,**Parkour**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,**playing chess**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,**pointing at viewer**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,**practicing archery**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,**practicing ballet**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,**practicing Gymnastics**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<loro:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,**practicing judo**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,**practicing Martial arts**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,**practicing Yoga**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,riding a horse,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,running,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,**singing**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,**sitting against the wall**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,**skating with roller skates**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,**skating,jumping**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<loro:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,**skiing**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,**swimming**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Update 2023/11/01

Positive Prompt

full body,photo of a 18 year old girl,**playing on the slide**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lorax:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,**playing on the swing**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,**playing in the water park**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,**splashing water in the fountain**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,**playing on the water slide**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,making sandcastles,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,**dancing at a campfire party**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,photo of a 18 year old girl,**watching the stars next to the tent**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

photo of a 18 yer old girl,happy,**surfing on surfboard,waves**,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

soccer ball focus,photo of a 18 year old girl,happy,**playing soccer,jumping in the air,soccer ball over head,kicking soccer ball toward viewer**,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

(abstract:1.4),caucasian,18 year old,photo of A female **basketball player in a red shorts jumps in the air,holding a ball in her hand and shooting it towards the hoop**,shot on Fujifilm X-T4,sharp focus,bokeh,blurry foreground,blurry background,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

photo of a 18 yer old girl, **bungee jump**, happy, ray tracing, detail shadow, shot on Fujifilm X-T4, 85mm f1.2, sharp focus, depth of field, blurry background, bokeh, lens flare, motion blur, <lora:add_detail:1>

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

photo of a 18 yer old girl, **Bungy Jumping, falling**, happy, ray tracing, detail shadow, shot on Fujifilm X-T4, 85mm f1.2, sharp focus, depth of field, blurry background, bokeh, lens flare, motion blur, <lora:add_detail:1> ,

Negative Prompt

negative_hand-neg, ng_deepnegative_v1_75t, bad-picture-chill-75v, 3d max, grotesque, desaturated,



Positive Prompt

Full body,photo of a 18 yer old girl,**walking,catwalk,the runway,fashion show**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

photo of a 18 yer old girl, **dancing in dancing party**, happy, ray tracing, detail shadow, shot on Fujifilm X-T4, 85mm f1.2, sharp focus, depth of field, blurry background, bokeh, lens flare, motion blur, <lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

photo of a 18 yer old girl, **dancing,hula dance**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

photo of a 18 yer old girl, **dancing, jumping**, happy, ray tracing, detail shadow, shot on Fujifilm X-T4, 85mm f1.2, sharp focus, depth of field, blurry background, bokeh, lens flare, motion blur, <lora:add_detail:1>

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

photo of a 18 yer old girl,**raver,dancing,rave,wearing fiber optic led dress,EDM festival**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

photo of a 18 yer old girl,[trick or treat](#),[halloween](#),happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

photo of a 18 yer old girl,**dancing in halloween party**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

photo of a 18 yer old girl,**hand shaking with a man**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurred background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

photo of a 18 yer old girl,**having a phone call**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

photo of a 18 yer old girl,**ice skating,spinning**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

photo of a 18 yer old girl,**looking at a oversized moon in the sky,megalophobia,sense of scale**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

photo of a 18 yer old girl, **making a snowman**, happy, ray tracing, detail shadow, shot on Fujifilm X-T4, 85mm f1.2, sharp focus, depth of field, blurry background, bokeh, lens flare, motion blur, <lora:add_detail:1> ,

Negative Prompt

negative_hand-neg, ng_deepnegative_v1_75t, bad-picture-chill-75v, 3d max, grotesque, desaturated,



Positive Prompt

photo of a 18 yer old girl, **paragliding**, happy, ray tracing, detail shadow, shot on Fujifilm X-T4, 85mm f1.2, sharp focus, depth of field, blurry background, bokeh, lens flare, motion blur, <lora:add_detail:1>

Negative Prompt

negative_hand-neg, ng_deepnegative_v1_75t, bad-picture-chill-75v, 3d max, grotesque, desaturated,



Positive Prompt

photo of a 18 yer old girl,**playing beach volleyball,jumping**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

photo of a 18 yer old girl, **playing the guitar**, happy, ray tracing, detail shadow, shot on Fujifilm X-T4, 85mm f1.2, sharp focus, depth of field, blurry background, bokeh, lens flare, motion blur, <lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

photo of a 18 yer old girl,**punching viewer, incoming punch,bare fist**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

photo of a 18 yer old girl, **practicing push-up**, happy, ray tracing, detail shadow, shot on Fujifilm X-T4, 85mm f1.2, sharp focus, depth of field, blurry background, bokeh, lens flare, motion blur, <lora:add_detail:1> ,

Negative Prompt

negative_hand-neg, ng_deepnegative_v1_75t, bad-picture-chill-75v, 3d max, grotesque, desaturated,



Positive Prompt

photo of a 18 yer old girl,**shooting viewer,guns in hand**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

photo of a 18 yer old girl, **skydiving**, happy, ray tracing, detail shadow, shot on Fujifilm X-T4, 85mm f1.2, sharp focus, depth of field, blurry background, bokeh, lens flare, motion blur, <lora:add_detail:1>

Negative Prompt

negative_hand-neg, ng_deepnegative_v1_75t, bad-picture-chill-75v, 3d max, grotesque, desaturated,



Positive Prompt

photo of a 18 yer old girl,**full body,cheerleader,in the end of cheerleading dance with victory pose**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

photo of a 18 yer old girl, **diving from the sky**, happy, ray tracing, detail shadow, shot on Fujifilm X-T4, 85mm f1.2, sharp focus, depth of field, blurry background, bokeh, lens flare, motion blur, <lora:add_detail:1> ,

Negative Prompt

negative_hand-neg, ng_deepnegative_v1_75t, bad-picture-chill-75v, 3d max, grotesque, desaturated,



Positive Prompt

photo of a 18 yer old girl, **sliding in a baseball game**, happy, ray tracing, detail shadow, shot on Fujifilm X-T4, 85mm f1.2, sharp focus, depth of field, blurry background, bokeh, lens flare, motion blur, <lora:add_detail:1> ,

Negative Prompt

negative_hand-neg, ng_deepnegative_v1_75t, bad-picture-chill-75v, 3d max, grotesque, desaturated,



Positive Prompt

photo of a 18 yer old girl,**forward crawl in the mud**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

photo of a 18 yer old girl,**clapping hands**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

photo of a 18 yer old girl,**waving hands**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

photo of a 18 yer old girl, **saluting**, happy, ray tracing, detail shadow, shot on Fujifilm X-T4, 85mm f1.2, sharp focus, depth of field, blurry background, bokeh, lens flare, motion blur, <lora:add_detail:1>

Negative Prompt

negative_hand-neg, ng_deepnegative_v1_75t, bad-picture-chill-75v, 3d max, grotesque, desaturated,



Positive Prompt

photo of a 18 yer old girl,**high five**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,</lora>

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,</lora>



Positive Prompt

photo of a 18 yer old girl,**fist bumping**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

photo of a 18 yer old girl, **jumping in a puddle**, happy, ray tracing, detail shadow, shot on Fujifilm X-T4, 85mm f1.2, sharp focus, depth of field, blurry background, bokeh, lens flare, motion blur, <lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

photo of a 18 yer old girl, **Parkour, posing with a graffiti wall**, happy, ray tracing, detail shadow, shot on Fujifilm X-T4, 85mm f1.2, sharp focus, depth of field, blurry background, bokeh, lens flare, motion blur, <lorax:add_detail:1> ,

Negative Prompt

negative_hand-neg, ng_deepnegative_v1_75t, bad-picture-chill-75v, 3d max, grotesque, desaturated,



Positive Prompt

photo of a 18 yer old girl,**rushing out of tsunami**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

photo of a 18 yer old girl,**rushing out of burning city,screaming**,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

photo of a 18 yer old girl, **sitting on a throne of fire**, happy, ray tracing, detail shadow, shot on Fujifilm X-T4, 85mm f1.2, sharp focus, depth of field, blurry background, bokeh, lens flare, motion blur, <lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

photo of a 18 yer old girl, **sitting on the ground, hugging a oversized dog**, happy, ray tracing, detail shadow, shot on Fujifilm X-T4, 85mm f1.2, sharp focus, depth of field, blurry background, bokeh, lens flare, motion blur, <lora:add_detail:1> ,

Negative Prompt

negative_hand-neg, ng_deepnegative_v1_75t, bad-picture-chill-75v, 3d max, grotesque, desaturated,



Positive Prompt

photo of a 18 yer old girl,**soaked**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

photo of a 18 yer old girl, **standing, a eagle standing on her arm**, happy, ray tracing, detail shadow, shot on Fujifilm X-T4, 85mm f1.2, sharp focus, depth of field, blurry background, bokeh, lens flare, motion blur, <lora:add_detail:1> ,

Negative Prompt

negative_hand-neg, ng_deepnegative_v1_75t, bad-picture-chill-75v, 3d max, grotesque, desaturated,



Positive Prompt

photo of a 18 yer old girl,**walking with a oversized tiger**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

photo of a 18 yer old girl,**walking,a bird standing on her hand**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

photo of a 18 yer old girl,**waving a wand,casting a spell**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

photo of a 18 yer old girl, **writing**, happy, ray tracing, detail shadow, shot on Fujifilm X-T4, 85mm f1.2, sharp focus, depth of field, blurry background, bokeh, lens flare, motion blur, <lora:add_detail:1> ,

Negative Prompt

negative_hand-neg, ng_deepnegative_v1_75t, bad-picture-chill-75v, 3d max, grotesque, desaturated,



Update 2023/12/02

Positive Prompt

Full body,photo of a 18 yer old girl,**hurdle race,jumping**,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

Full body,photo of a 18 yer old girl,**all fours,prostration**,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

photo of a 18 yer old girl, **adjusting hair**, happy, laughing, ray tracing, detail shadow, shot on Fujifilm X-T4, 85mm f1.2, sharp focus, depth of field, blurry background, bokeh, lens flare, motion blur, <lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

full body,face focus,photo of a 18 yer old girl,**elf,flying in a forest,glowing wings**,happy,laughing,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

from below,photo of a 18 year old girl,happy,skiing,jumping over camera,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

From below,photo of a 18 yer old girl,**ice skating, spinning, jumping over camera**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

From below,photo of a 18 yer old girl,**jumping over camera**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

From below,photo of a 18 yer old girl,**skating,jumping over camera**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

From below,photo of a 18 yer old girl,**surfing,jumping over camera**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

From below,photo of a 18 yer old girl,**parkour,jumping over camera**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

From below,photo of a 18 yer old girl,**running,jumping over camera**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

From below,photo of a 18 yer old girl,**hurdle race,jumping over camera**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

Full body,From below,photo of a 18 yer old girl,**practicing ballet, jumping over camera**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

Full body,From above,photo of a 18 yer old girl,**practicing ballet, jumping over camera**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

Full body,photo of a 18 yer old girl,**rolling around**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

Full body,photo of a 18 yer old girl,**selfie,hyper realistic gopro action photo**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

Full body,photo of a 18 yer old girl,**breakdance freeze**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

Full body,photo of a 18 yer old girl,**breakdance power move**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

Full body,photo of a 18 yer old girl,**contemporary aerial dance**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

Full body,photo of a 18 yer old girl,**dancing,body roll**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

Full body,photo of a 18 yer old girl,**dancing,jumps**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

Full body,photo of a 18 yer old girl,**dancing,spins**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

Full body,photo of a 18 yer old girl,**dynamic jump**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

Full body,photo of a 18 yer old girl,**figure skating jump**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

Full body,photo of a 18 yer old girl,**dancing,flamenco pose**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

Full body,photo of a 18 yer old girl,**gymnastics balance beam leap**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

Full body,photo of a 18 yer old girl,**practicing gymnastics,floor excise**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

Full body,photo of a 18 yer old girl,**martial arts flying kick**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

Full body,photo of a 18 yer old girl,**martial arts flying roundhouse kick**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

Full body,photo of a 18 yer old girl,**martial arts spinning hook kick**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

Full body,photo of a 18 yer old girl,**practicing martial arts,the armbar**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

Full body,photo of a 18 yer old girl,**practicing martial arts,the hip throw**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

Full body,photo of a 18 yer old girl,**practicing martial arts,the jab**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

Full body,photo of a 18 yer old girl,**practicing martial arts,the roundhouse kick**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

Full body,photo of a 18 yer old girl,**parkour vault**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

Full body,photo of a 18 yer old girl,**surfing,bottom turn**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

Full body,photo of a 18 yer old girl,**yoga backbend**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

Full body,photo of a 18 yer old girl,**practicing yoga, downward facing dog**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

Full body,photo of a 18 yer old girl,**practicing yoga, tree pose**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

photo of a 18 yer old girl,**rest her head and arms on the table**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

photo of a 18 yer old girl,**having a workout at the gym,dumbbell**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

photo of a 18 yer old girl,**having a workout at the gym,barbell**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

Full body,photo of a 18 yer old girl,**speed skating moves**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

Full body,photo of a 18 yer old girl,**roller skating moves**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

Full body,photo of a 18 yer old girl,**skateboarding moves**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<loro:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

Full body,photo of a 18 yer old girl,**go down the stairs**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

Full body,photo of a 18 yer old girl,**go down the stairs,putting hand on handrail**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,</p></div>

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,</p></div>

A young woman with long brown hair, wearing a black t-shirt and light blue denim shorts, is walking down a carpeted staircase. She is holding onto the metal handrail with her left hand. The background is a modern interior with a curved staircase and a glass railing. The lighting is soft and natural, creating a warm atmosphere. The woman has a slight smile and is looking towards the camera. The staircase has a dark carpet and a metal handrail. The background shows a curved staircase with a glass railing and a modern interior design.

Positive Prompt

Full body,from above,photo of a 18 yer old girl,**go up the stairs**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

Full body,photo of a 18 yer old girl,**taking escalator,putting hand on handrail**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

Full body,photo of a 18 yer old girl,**dancing,folding fan in hand**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

Full body,photo of a 18 yer old girl,**baseball hitter,baseball bat in hand,batting**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

Full body,photo of a 18 yer old girl,**floating in the air,in a spaceship, gravityless space**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1> ,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Positive Prompt

Full body,photo of a 18 yer old girl,**a fireball floats above her hands,the firelight reflects on her body,giving a feeling of heat**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,lens flare,motion blur,<lora:add_detail:1>,

Negative Prompt

negative_hand-neg,ng_deepnegative_v1_75t,bad-picture-chill-75v,3d max,grotesque,desaturated,



Update 2024/01/21

Showcase Setting

- All showcases are generated by [WebUI1111 ver.1.6.1](#), with [Hires. fix enable](#), [ADetailer enable](#), and detail settings are shown in below tables.

Checkpoint	AnalogMadness_v70
VAE	vae-ft-mse-840000-ema-pruned
Clip skip	1
Sampling Method	DPM++ SDE Karras
Step	30
Image Width	768
Image Length	512
CFG	7
seed	-1

Hires. fix	enable
upscaler	4x-UltraSharp
Hires step	20
Denoising strength	0.3
Upscaler to	2
ADetailer	enable
1st	face_yolov8m.pt
Mask only the top k largest (0 to disable)	1
Inpaint denoising strength	0.3

Positive Prompt

Full body,photo of a 18 yer old girl,**kicking a soccer**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,<lora:add_detail:1> ,

Negative Prompt

High pass filter,airbrush,portrait,zoomed,soft light,deformed,extra limbs,extra fingers,mutated hands,bad anatomy,bad proportions,blind,bad eyes,ugly eyes,dead eyes,blur,vignette,out of shot,out of focus,monochrome,grainy,noisy,text,writing,watermark,logo,oversaturation,over saturation,over shadow,out of frame,obese,odd proportions,asymmetrical,fat,dialog,words,fonts,teeth,((((ugly))),(((duplicate))),((morbid)),b&w,[out of frame\],((poorly drawn hands)),((poorly drawn face)),(((mutation))),blurry,cloned face,(((disfigured))),gross proportions,(malformed limbs),((missing arms)),((missing legs)),(((extra arms))),(((extra legs))),(fused fingers),(too many fingers),neon lights,tan lines,wrinkles,armpit hair,lowres,poorly drawn,crippled,crooked,broken,weird,odd,distorted,erased,cut,mutilated,sloppy,hideous,pixelated,aliasing,kid,child,mutated,extra_limb,two heads,children,gross,disgusting,horrible,scary,evil,old,conjoined,morphed,error,glitch,extra digits,signature,jpeg artifacts,low quality,unfinished,cropped,siamese twins,robot eyes,asian,penis,cartoon,manga,(fish:1.3),(lens:1.3),



Positive Prompt

Full body,photo of a 18 yer old girl,**Zip-lining**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,<lora:add_detail:1> ,

Negative Prompt

High pass filter,airbrush,portrait,zoomed,soft light,deformed,extra limbs,extra fingers,mutated hands,bad anatomy,bad proportions,blind,bad eyes,ugly eyes,dead eyes,blur,vignette,out of shot,out of focus,monochrome,grainy,noisy,text,writing,watermark,logo,oversaturation,over saturation,over shadow,out of frame,obese,odd proportions,asymmetrical,fat,dialog,words,fonts,teeth,((((ugly))),(((duplicate))),((morbid)),b&w,[out of frame\],((poorly drawn hands)),((poorly drawn face)),(((mutation))),blurry,cloned face,(((disfigured))),gross proportions,(malformed limbs),((missing arms)),((missing legs)),(((extra arms))),(((extra legs))),(fused fingers),(too many fingers),neon lights,tan lines,wrinkles,armpit hair,lowres,poorly drawn,crippled,crooked,broken,weird,odd,distorted,erased,cut,mutilated,sloppy,hideous,pixelated,aliasing,kid,child,mutated,extra_limb,two heads,children,gross,disgusting,horrible,scary,evil,old,conjoined,morphed,error,glitch,extra digits,signature,jpeg artifacts,low quality,unfinished,cropped,siamese twins,robot eyes,asian,penis,cartoon,manga,(fish:1.3),(lens:1.3),



Positive Prompt

Full body,photo of a 18 yer old girl,**skating,Rollerblades**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,<lora:add_detail:1> ,

Negative Prompt

High pass filter,airbrush,portrait,zoomed,soft light,deformed,extra limbs,extra fingers,mutated hands,bad anatomy,bad proportions,blind,bad eyes,ugly eyes,dead eyes,blur,vignette,out of shot,out of focus,monochrome,grainy,noisy,text,writing,watermark,logo,oversaturation,over saturation,over shadow,out of frame,obese,odd proportions,asymmetrical,fat,dialog,words,fonts,teeth,((((ugly))))),(((duplicate))),((morbid)),b&w,[out of frame\],((poorly drawn hands)),((poorly drawn face)),(((mutation))),blurry,cloned face,(((disfigured))),gross proportions,(malformed limbs),((missing arms)),((missing legs)),(((extra arms))),(((extra legs))), (fused fingers),(too many fingers),neon lights,tan lines,wrinkles,armpit hair,lowres,poorly drawn,crippled,crooked,broken,weird,odd,distorted,erased,cut,mutilated,sloppy,hideous,pixelated,aliasing,kid,child,mutated,extra_limb,two heads,children,gross,disgusting,horrible,scary,evil,old,conjoined,morphed,error,glitch,extra digits,signature,jpeg artifacts,low quality,unfinished,cropped,siamese twins,robot eyes,asian,penis,cartoon,manga,(fish:1.3),(lens:1.3),



Positive Prompt	Full body ,photo of a 18 yer old girl, Taking a trapeze class ,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,<lora:add_detail:1> ,
Negative Prompt	High pass filter,airbrush,portrait,zoomed,soft light,deformed,extra limbs,extra fingers,mutated hands,bad anatomy,bad proportions,blind,bad eyes,ugly eyes,dead eyes,blur,vignette,out of shot,out of focus,monochrome,grainy,noisy,text,writing,watermark,logo,oversaturation,over saturation,over shadow,out of frame,obese,odd proportions,asymmetrical,fat,dialog,words,fonts,teeth,((((ugly))),(((duplicate))),((morbid)),b&w,[out of frame\],((poorly drawn hands)),((poorly drawn face)),(((mutation))),blurry,cloned face,(((disfigured))),gross proportions,(malformed limbs),((missing arms)),((missing legs)),(((extra arms))),(((extra legs))),(fused fingers),(too many fingers),neon lights,tan lines,wrinkles,armpit hair,lowres,poorly drawn,crippled,crooked,broken,weird,odd,distorted,erased,cut,mutilated,sloppy,hideous,pixelated,aliasing,kid,child,mutated,extra_limb,two heads,children,gross,disgusting,horrible,scary,evil,old,conjoined,morphed,error,glitch,extra digits,signature,jpeg artifacts,low quality,unfinished,cropped,siamese twins,robot eyes,asian,penis,cartoon,manga,(fish:1.3),(lens:1.3),



Positive Prompt

Full body,photo of a 18 yer old girl,**paddleboarding,huge waves**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,<lora:add_detail:1> ,

Negative Prompt

High pass filter,airbrush,portrait,zoomed,soft light,deformed,extra limbs,extra fingers,mutated hands,bad anatomy,bad proportions,blind,bad eyes,ugly eyes,dead eyes,blur,vignette,out of shot,out of focus,monochrome,grainy,noisy,text,writing,watermark,logo,oversaturation,over saturation,over shadow,out of frame,obese,odd proportions,asymmetrical,fat,dialog,words,fonts,teeth,((((ugly))),(((duplicate))),((morbid)),b&w,[out of frame\],((poorly drawn hands)),((poorly drawn face)),(((mutation))),blurry,cloned face,(((disfigured))),gross proportions,(malformed limbs),((missing arms)),((missing legs)),(((extra arms))),(((extra legs))), (fused fingers),(too many fingers),neon lights,tan lines,wrinkles,armpit hair,lowres,poorly drawn,crippled,crooked,broken,weird,odd,distorted,erased,cut,mutilated,sloppy,hideous,pixelated,aliasing,kid,child,mutated,extra_limb,two heads,children,gross,disgusting,horrible,scary,evil,old,conjoined,morphed,error,glitch,extra digits,signature,jpeg artifacts,low quality,unfinished,cropped,siamese twins,robot eyes,asian,penis,cartoon,manga,(fish:1.3),(lens:1.3),



Positive Prompt

Full body,photo of a 18 yer old girl,**Going on a zip-lining adventure**,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,<lora:add_detail:1> ,

Negative Prompt

High pass filter,airbrush,portrait,zoomed,soft light,deformed,extra limbs,extra fingers,mutated hands,bad anatomy,bad proportions,blind,bad eyes,ugly eyes,dead eyes,blur,vignette,out of shot,out of focus,monochrome,grainy,noisy,text,writing,watermark,logo,oversaturation,over saturation,over shadow,out of frame,obese,odd proportions,asymmetrical,fat,dialog,words,fonts,teeth,((((ugly))),(((duplicate))),((morbid)),b&w,[out of frame\],((poorly drawn hands)),((poorly drawn face)),(((mutation))),blurry,cloned face,(((disfigured))),gross proportions,(malformed limbs),((missing arms)),((missing legs)),(((extra arms))),(((extra legs))),(fused fingers),(too many fingers),neon lights,tan lines,wrinkles,armpit hair,lowres,poorly drawn,crippled,crooked,broken,weird,odd,distorted,erased,cut,mutilated,sloppy,hideous,pixelated,aliasing,kid,child,mutated,extra_limb,two heads,children,gross,disgusting,horrible,scary,evil,old,conjoined,morphed,error,glitch,extra digits,signature,jpeg artifacts,low quality,unfinished,cropped,siamese twins,robot eyes,asian,penis,cartoon,manga,(fish:1.3),(lens:1.3),



Positive Prompt	Full body ,photo of a 18 yer old girl, Arms crossed ,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,<lora:add_detail:1>,
Negative Prompt	High pass filter,airbrush,portrait,zoomed,soft light,deformed,extra limbs,extra fingers,mutated hands,bad anatomy,bad proportions,blind,bad eyes,ugly eyes,dead eyes,blur,vignette,out of shot,out of focus,monochrome,grainy,noisy,text,writing,watermark,logo,oversaturation,over saturation,over shadow,out of frame,obese,odd proportions,asymmetrical,fat,dialog,words,fonts,teeth,((((ugly))),(((duplicate))),((morbid)),b&w,[out of frame\],((poorly drawn hands)),((poorly drawn face)),(((mutation))),blurry,cloned face,(((disfigured))),gross proportions,(malformed limbs),((missing arms)),((missing legs)),(((extra arms))),(((extra legs))),(fused fingers),(too many fingers),neon lights,tan lines,wrinkles,armpit hair,lowres,poorly drawn,crippled,crooked,broken,weird,odd,distorted,erased,cut,mutilated,sloppy,hideous,pixelated,aliasing,kid,child,mutated,extra_limb,two heads,children,gross,disgusting,horrible,scary,evil,old,conjoined,morphed,error,glitch,extra digits,signature,jpeg artifacts,low quality,unfinished,cropped,siamese twins,robot eyes,asian,penis,cartoon,manga,(fish:1.3),(lens:1.3),



Positive Prompt	Full body ,photo of a 18 yer old girl, One hand on chin, looking thoughtful ,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,<lora:add_detail:1>,
Negative Prompt	High pass filter,airbrush,portrait,zoomed,soft light,deformed,extra limbs,extra fingers,mutated hands,bad anatomy,bad proportions,blind,bad eyes,ugly eyes,dead eyes,blur,vignette,out of shot,out of focus,monochrome,grainy,noisy,text,writing,watermark,logo,oversaturation,over saturation,over shadow,out of frame,obese,odd proportions,asymmetrical,fat,dialog,words,fonts,teeth,((((ugly))),(((duplicate))),((morbid)),b&w,[out of frame\],((poorly drawn hands)),((poorly drawn face)),(((mutation))),blurry,cloned face,(((disfigured))),gross proportions,(malformed limbs),((missing arms)),((missing legs)),(((extra arms))),(((extra legs))),(fused fingers),(too many fingers),neon lights,tan lines,wrinkles,armpit hair,lowres,poorly drawn,crippled,crooked,broken,weird,odd,distorted,erased,cut,mutilated,sloppy,hideous,pixelated,aliasing,kid,child,mutated,extra_limb,two heads,children,gross,disgusting,horrible,scary,evil,old,conjoined,morphed,error,glitch,extra digits,signature,jpeg artifacts,low quality,unfinished,cropped,siamese twins,robot eyes,asian,penis,cartoon,manga,(fish:1.3),(lens:1.3),



Positive Prompt	Full body ,photo of a 18 yer old girl, Sitting cross-legged on the floor ,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,<lora:add_detail:1>,
Negative Prompt	High pass filter,airbrush,portrait,zoomed,soft light,deformed,extra limbs,extra fingers,mutated hands,bad anatomy,bad proportions,blind,bad eyes,ugly eyes,dead eyes,blur,vignette,out of shot,out of focus,monochrome,grainy,noisy,text,writing,watermark,logo,oversaturation,over saturation,over shadow,out of frame,obese,odd proportions,asymmetrical,fat,dialog,words,fonts,teeth,((((ugly))))),(((duplicate))),((morbid)),b&w,[out of frame\],((poorly drawn hands)),((poorly drawn face)),(((mutation))),blurry,cloned face,(((disfigured))),gross proportions,(malformed limbs),((missing arms)),((missing legs)),(((extra arms))),(((extra legs))),(fused fingers),(too many fingers),neon lights,tan lines,wrinkles,armpit hair,lowres,poorly drawn,crippled,crooked,broken,weird,odd,distorted,erased,cut,mutilated,sloppy,hideous,pixelated,aliasing,kid,child,mutated,extra_limb,two heads,children,gross,disgusting,horrible,scary,evil,old,conjoined,morphed,error,glitch,extra digits,signature,jpeg artifacts,low quality,unfinished,cropped,siamese twins,robot eyes,asian,penis,cartoon,manga,(fish:1.3),(lens:1.3),



Positive Prompt	Full body ,photo of a 18 yer old girl, Arms outstretched, as if presenting something ,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,<lora:add_detail:1> ,
Negative Prompt	High pass filter,airbrush,portrait,zoomed,soft light,deformed,extra limbs,extra fingers,mutated hands,bad anatomy,bad proportions,blind,bad eyes,ugly eyes,dead eyes,blur,vignette,out of shot,out of focus,monochrome,grainy,noisy,text,writing,watermark,logo,oversaturation,over saturation,over shadow,out of frame,obese,odd proportions,asymmetrical,fat,dialog,words,fonts,teeth,((((ugly)))) ,(((duplicate))),((morbid)),b&w,[out of frame\],((poorly drawn hands)),((poorly drawn face)),(((mutation))),blurry,cloned face,(((disfigured))),gross proportions,(malformed limbs),((missing arms)),((missing legs)),(((extra arms))),(((extra legs))), (fused fingers),(too many fingers),neon lights,tan lines,wrinkles,armpit hair,lowres,poorly drawn,crippled,crooked,broken,weird,odd,distorted,erased,cut,mutilated,sloppy,hideous,pixelated,aliasing,kid,child,mutated,extra_limb,two heads,children,gross,disgusting,horrible,scary,evil,old,conjoined,morphed,error,glitch,extra digits,signature,jpeg artifacts,low quality,unfinished,cropped,siamese twins,robot eyes,asian,penis,cartoon,manga,(fish:1.3),(lens:1.3),



Positive Prompt	Full body ,photo of a 18 yer old girl, Kneeling on one knee ,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,<lora:add_detail:1> ,
Negative Prompt	High pass filter,airbrush,portrait,zoomed,soft light,deformed,extra limbs,extra fingers,mutated hands,bad anatomy,bad proportions,blind,bad eyes,ugly eyes,dead eyes,blur,vignette,out of shot,out of focus,monochrome,grainy,noisy,text,writing,watermark,logo,oversaturation,over saturation,over shadow,out of frame,obese,odd proportions,asymmetrical,fat,dialog,words,fonts,teeth,((((ugly))),(((duplicate))),((morbid)),b&w,[out of frame\],((poorly drawn hands)),((poorly drawn face)),(((mutation))),blurry,cloned face,(((disfigured))),gross proportions,(malformed limbs),((missing arms)),((missing legs)),(((extra arms))),(((extra legs))),(fused fingers),(too many fingers),neon lights,tan lines,wrinkles,armpit hair,lowres,poorly drawn,crippled,crooked,broken,weird,odd,distorted,erased,cut,mutilated,sloppy,hideous,pixelated,aliasing,kid,child,mutated,extra_limb,two heads,children,gross,disgusting,horrible,scary,evil,old,conjoined,morphed,error,glitch,extra digits,signature,jpeg artifacts,low quality,unfinished,cropped,siamese twins,robot eyes,asian,penis,cartoon,manga,(fish:1.3),(lens:1.3),



Positive Prompt	Full body ,photo of a 18 yer old girl, Casual hands-in-pockets stance ,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,<lora:add_detail:1>,
Negative Prompt	High pass filter,airbrush,portrait,zoomed,soft light,deformed,extra limbs,extra fingers,mutated hands,bad anatomy,bad proportions,blind,bad eyes,ugly eyes,dead eyes,blur,vignette,out of shot,out of focus,monochrome,grainy,noisy,text,writing,watermark,logo,oversaturation,over saturation,over shadow,out of frame,obese,odd proportions,asymmetrical,fat,dialog,words,fonts,teeth,((((ugly))),(((duplicate))),((morbid)),b&w,[out of frame\],((poorly drawn hands)),((poorly drawn face)),(((mutation))),blurry,cloned face,(((disfigured))),gross proportions,(malformed limbs),((missing arms)),((missing legs)),(((extra arms))),(((extra legs))),(fused fingers),(too many fingers),neon lights,tan lines,wrinkles,armpit hair,lowres,poorly drawn,crippled,crooked,broken,weird,odd,distorted,erased,cut,mutilated,sloppy,hideous,pixelated,aliasing,kid,child,mutated,extra_limb,two heads,children,gross,disgusting,horrible,scary,evil,old,conjoined,morphed,error,glitch,extra digits,signature,jpeg artifacts,low quality,unfinished,cropped,siamese twins,robot eyes,asian,penis,cartoon,manga,(fish:1.3),(lens:1.3),



Positive Prompt	Full body ,photo of a 18 yer old girl, One leg crossed over the other while seated ,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,<lora:add_detail:1>,
Negative Prompt	High pass filter,airbrush,portrait,zoomed,soft light,deformed,extra limbs,extra fingers,mutated hands,bad anatomy,bad proportions,blind,bad eyes,ugly eyes,dead eyes,blur,vignette,out of shot,out of focus,monochrome,grainy,noisy,text,writing,watermark,logo,oversaturation,over saturation,over shadow,out of frame,obese,odd proportions,asymmetrical,fat,dialog,words,fonts,teeth,((((ugly))),(((duplicate))),((morbid)),b&w,[out of frame\],((poorly drawn hands)),((poorly drawn face)),(((mutation))),blurry,cloned face,(((disfigured))),gross proportions,(malformed limbs),((missing arms)),((missing legs)),(((extra arms))),(((extra legs))),(fused fingers),(too many fingers),neon lights,tan lines,wrinkles,armpit hair,lowres,poorly drawn,crippled,crooked,broken,weird,odd,distorted,erased,cut,mutilated,sloppy,hideous,pixelated,aliasing,kid,child,mutated,extra_limb,two heads,children,gross,disgusting,horrible,scary,evil,old,conjoined,morphed,error,glitch,extra digits,signature,jpeg artifacts,low quality,unfinished,cropped,siamese twins,robot eyes,asian,penis,cartoon,manga,(fish:1.3),(lens:1.3),



Positive Prompt	Full body ,photo of a 18 yer old girl, Leaning forward with elbows on a table ,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,<lora:add_detail:1>,
Negative Prompt	High pass filter,airbrush,portrait,zoomed,soft light,deformed,extra limbs,extra fingers,mutated hands,bad anatomy,bad proportions,blind,bad eyes,ugly eyes,dead eyes,blur,vignette,out of shot,out of focus,monochrome,grainy,noisy,text,writing,watermark,logo,oversaturation,over saturation,over shadow,out of frame,obese,odd proportions,asymmetrical,fat,dialog,words,fonts,teeth,((((ugly))),(((duplicate))),((morbid)),b&w,[out of frame\],((poorly drawn hands)),((poorly drawn face)),(((mutation))),blurry,cloned face,(((disfigured))),gross proportions,(malformed limbs),((missing arms)),((missing legs)),(((extra arms))),(((extra legs))),(fused fingers),(too many fingers),neon lights,tan lines,wrinkles,armpit hair,lowres,poorly drawn,crippled,crooked,broken,weird,odd,distorted,erased,cut,mutilated,sloppy,hideous,pixelated,aliasing,kid,child,mutated,extra_limb,two heads,children,gross,disgusting,horrible,scary,evil,old,conjoined,morphed,error,glitch,extra digits,signature,jpeg artifacts,low quality,unfinished,cropped,siamese twins,robot eyes,asian,penis,cartoon,manga,(fish:1.3),(lens:1.3),



Positive Prompt	Full body ,photo of a 18 yer old girl, Sitting on the edge of a chair ,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,<lora:add_detail:1>,
Negative Prompt	High pass filter,airbrush,portrait,zoomed,soft light,deformed,extra limbs,extra fingers,mutated hands,bad anatomy,bad proportions,blind,bad eyes,ugly eyes,dead eyes,blur,vignette,out of shot,out of focus,monochrome,grainy,noisy,text,writing,watermark,logo,oversaturation,over saturation,over shadow,out of frame,obese,odd proportions,asymmetrical,fat,dialog,words,fonts,teeth,((((ugly))),(((duplicate))),((morbid)),b&w,[out of frame\],((poorly drawn hands)),((poorly drawn face)),(((mutation))),blurry,cloned face,(((disfigured))),gross proportions,(malformed limbs),((missing arms)),((missing legs)),(((extra arms))),(((extra legs))),(fused fingers),(too many fingers),neon lights,tan lines,wrinkles,armpit hair,lowres,poorly drawn,crippled,crooked,broken,weird,odd,distorted,erased,cut,mutilated,sloppy,hideous,pixelated,aliasing,kid,child,mutated,extra_limb,two heads,children,gross,disgusting,horrible,scary,evil,old,conjoined,morphed,error,glitch,extra digits,signature,jpeg artifacts,low quality,unfinished,cropped,siamese twins,robot eyes,asian,penis,cartoon,manga,(fish:1.3),(lens:1.3),



Positive Prompt	Full body ,photo of a 18 yer old girl, Feet crossed at the ankles, seated ,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,<lora:add_detail:1> ,
Negative Prompt	High pass filter,airbrush,portrait,zoomed,soft light,deformed,extra limbs,extra fingers,mutated hands,bad anatomy,bad proportions,blind,bad eyes,ugly eyes,dead eyes,blur,vignette,out of shot,out of focus,monochrome,grainy,noisy,text,writing,watermark,logo,oversaturation,over saturation,over shadow,out of frame,obese,odd proportions,asymmetrical,fat,dialog,words,fonts,teeth,((((ugly)))) ,(((duplicate))),((morbid)),b&w,[out of frame\],((poorly drawn hands)),((poorly drawn face)),(((mutation))),blurry,cloned face,(((disfigured))),gross proportions,(malformed limbs),((missing arms)),((missing legs)),(((extra arms))),(((extra legs))),(fused fingers),(too many fingers),neon lights,tan lines,wrinkles,armpit hair,lowres,poorly drawn,crippled,crooked,broken,weird,odd,distorted,erased,cut,mutilated,sloppy,hideous,pixelated,aliasing,kid,child,mutated,extra_limb,two heads,children,gross,disgusting,horrible,scary,evil,old,conjoined,morphed,error,glitch,extra digits,signature,jpeg artifacts,low quality,unfinished,cropped,siamese twins,robot eyes,asian,penis,cartoon,manga,(fish:1.3),(lens:1.3),



Positive Prompt	Full body ,photo of a 18 yer old girl, Sitting on a surface with legs dangling ,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,<lora:add_detail:1>,
Negative Prompt	High pass filter,airbrush,portrait,zoomed,soft light,deformed,extra limbs,extra fingers,mutated hands,bad anatomy,bad proportions,blind,bad eyes,ugly eyes,dead eyes,blur,vignette,out of shot,out of focus,monochrome,grainy,noisy,text,writing,watermark,logo,oversaturation,over saturation,over shadow,out of frame,obese,odd proportions,asymmetrical,fat,dialog,words,fonts,teeth,((((ugly))),(((duplicate))),((morbid)),b&w,[out of frame\],((poorly drawn hands)),((poorly drawn face)),(((mutation))),blurry,cloned face,(((disfigured))),gross proportions,(malformed limbs),((missing arms)),((missing legs)),(((extra arms))),(((extra legs))),(fused fingers),(too many fingers),neon lights,tan lines,wrinkles,armpit hair,lowres,poorly drawn,crippled,crooked,broken,weird,odd,distorted,erased,cut,mutilated,sloppy,hideous,pixelated,aliasing,kid,child,mutated,extra_limb,two heads,children,gross,disgusting,horrible,scary,evil,old,conjoined,morphed,error,glitch,extra digits,signature,jpeg artifacts,low quality,unfinished,cropped,siamese twins,robot eyes,asian,penis,cartoon,manga,(fish:1.3),(lens:1.3),



Positive Prompt	Full body ,photo of a 18 yer old girl, Crouching down ,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,<lora:add_detail:1>,
Negative Prompt	High pass filter,airbrush,portrait,zoomed,soft light,deformed,extra limbs,extra fingers,mutated hands,bad anatomy,bad proportions,blind,bad eyes,ugly eyes,dead eyes,blur,vignette,out of shot,out of focus,monochrome,grainy,noisy,text,writing,watermark,logo,oversaturation,over saturation,over shadow,out of frame,obese,odd proportions,asymmetrical,fat,dialog,words,fonts,teeth,((((ugly))),(((duplicate))),((morbid)),b&w,[out of frame\],((poorly drawn hands)),((poorly drawn face)),(((mutation))),blurry,cloned face,(((disfigured))),gross proportions,(malformed limbs),((missing arms)),((missing legs)),(((extra arms))),(((extra legs))),(fused fingers),(too many fingers),neon lights,tan lines,wrinkles,armpit hair,lowres,poorly drawn,crippled,crooked,broken,weird,odd,distorted,erased,cut,mutilated,sloppy,hideous,pixelated,aliasing,kid,child,mutated,extra_limb,two heads,children,gross,disgusting,horrible,scary,evil,old,conjoined,morphed,error,glitch,extra digits,signature,jpeg artifacts,low quality,unfinished,cropped,siamese twins,robot eyes,asian,penis,cartoon,manga,(fish:1.3),(lens:1.3),



Positive Prompt	photo of a 18 yer old girl, Hands forming a heart shape ,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,<lora:add_detail:1>,
Negative Prompt	High pass filter,airbrush,portrait,zoomed,soft light,deformed,extra limbs,extra fingers,mutated hands,bad anatomy,bad proportions,blind,bad eyes,ugly eyes,dead eyes,blur,vignette,out of shot,out of focus,monochrome,grainy,noisy,text,writing,watermark,logo,oversaturation,over saturation,over shadow,out of frame,obese,odd proportions,asymmetrical,fat,dialog,words,fonts,teeth,((((ugly))),(((duplicate))),((morbid)),b&w,[out of frame\],((poorly drawn hands)),((poorly drawn face)),(((mutation))),blurry,cloned face,(((disfigured))),gross proportions,(malformed limbs),((missing arms)),((missing legs)),(((extra arms))),(((extra legs))),(fused fingers),(too many fingers),neon lights,tan lines,wrinkles,armpit hair,lowres,poorly drawn,crippled,crooked,broken,weird,odd,distorted,erased,cut,mutilated,sloppy,hideous,pixelated,aliasing,kid,child,mutated,extra_limb,two heads,children,gross,disgusting,horrible,scary,evil,old,conjoined,morphed,error,glitch,extra digits,signature,jpeg artifacts,low quality,unfinished,cropped,siamese twins,robot eyes,asian,penis,cartoon,manga,(fish:1.3),(lens:1.3),



Positive Prompt	Full body ,photo of a 18 yer old girl, Kicking one leg up ,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,<lora:add_detail:1>,
Negative Prompt	High pass filter,airbrush,portrait,zoomed,soft light,deformed,extra limbs,extra fingers,mutated hands,bad anatomy,bad proportions,blind,bad eyes,ugly eyes,dead eyes,blur,vignette,out of shot,out of focus,monochrome,grainy,noisy,text,writing,watermark,logo,oversaturation,over saturation,over shadow,out of frame,obese,odd proportions,asymmetrical,fat,dialog,words,fonts,teeth,((((ugly))),(((duplicate))),((morbid)),b&w,[out of frame\],((poorly drawn hands)),((poorly drawn face)),(((mutation))),blurry,cloned face,(((disfigured))),gross proportions,(malformed limbs),((missing arms)),((missing legs)),(((extra arms))),(((extra legs))),(fused fingers),(too many fingers),neon lights,tan lines,wrinkles,armpit hair,lowres,poorly drawn,crippled,crooked,broken,weird,odd,distorted,erased,cut,mutilated,sloppy,hideous,pixelated,aliasing,kid,child,mutated,extra_limb,two heads,children,gross,disgusting,horrible,scary,evil,old,conjoined,morphed,error,glitch,extra digits,signature,jpeg artifacts,low quality,unfinished,cropped,siamese twins,robot eyes,asian,penis,cartoon,manga,(fish:1.3),(lens:1.3),



Positive Prompt	photo of a 18 yer old girl, Thumbs up ,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,<lora:add_detail:1> ,
Negative Prompt	High pass filter,airbrush,portrait,zoomed,soft light,deformed,extra limbs,extra fingers,mutated hands,bad anatomy,bad proportions,blind,bad eyes,ugly eyes,dead eyes,blur,vignette,out of shot,out of focus,monochrome,grainy,noisy,text,writing,watermark,logo,oversaturation,over saturation,over shadow,out of frame,obese,odd proportions,asymmetrical,fat,dialog,words,fonts,teeth,((((ugly)))) ,(((duplicate))),((morbid)),b&w,[out of frame\],((poorly drawn hands)),((poorly drawn face)),(((mutation))),blurry,cloned face,(((disfigured))),gross proportions,(malformed limbs),((missing arms)),((missing legs)),(((extra arms))),(((extra legs))),(fused fingers),(too many fingers),neon lights,tan lines,wrinkles,armpit hair,lowres,poorly drawn,crippled,crooked,broken,weird,odd,distorted,erased,cut,mutilated,sloppy,hideous,pixelated,aliasing,kid,child,mutated,extra_limb,two heads,children,gross,disgusting,horrible,scary,evil,old,conjoined,morphed,error,glitch,extra digits,signature,jpeg artifacts,low quality,unfinished,cropped,siamese twins,robot eyes,asian,penis,cartoon,manga,(fish:1.3),(lens:1.3),



Positive Prompt	Full body ,photo of a 18 yer old girl, Hands on a surface, leaning forward ,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,<lora:add_detail:1> ,
Negative Prompt	High pass filter,airbrush,portrait,zoomed,soft light,deformed,extra limbs,extra fingers,mutated hands,bad anatomy,bad proportions,blind,bad eyes,ugly eyes,dead eyes,blur,vignette,out of shot,out of focus,monochrome,grainy,noisy,text,writing,watermark,logo,oversaturation,over saturation,over shadow,out of frame,obese,odd proportions,asymmetrical,fat,dialog,words,fonts,teeth,((((ugly)))) ,(((duplicate))),((morbid)),b&w,[out of frame\],((poorly drawn hands)),((poorly drawn face)),(((mutation))),blurry,cloned face,(((disfigured))),gross proportions,(malformed limbs),((missing arms)),((missing legs)),(((extra arms))),(((extra legs))),(fused fingers),(too many fingers),neon lights,tan lines,wrinkles,armpit hair,lowres,poorly drawn,crippled,crooked,broken,weird,odd,distorted,erased,cut,mutilated,sloppy,hideous,pixelated,aliasing,kid,child,mutated,extra_limb,two heads,children,gross,disgusting,horrible,scary,evil,old,conjoined,morphed,error,glitch,extra digits,signature,jpeg artifacts,low quality,unfinished,cropped,siamese twins,robot eyes,asian,penis,cartoon,manga,(fish:1.3),(lens:1.3),



Positive Prompt	Full body ,photo of a 18 yer old girl, Sitting on a chair with legs crossed and hands on knees ,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,<lora:add_detail:1>,
Negative Prompt	High pass filter,airbrush,portrait,zoomed,soft light,deformed,extra limbs,extra fingers,mutated hands,bad anatomy,bad proportions,blind,bad eyes,ugly eyes,dead eyes,blur,vignette,out of shot,out of focus,monochrome,grainy,noisy,text,writing,watermark,logo,oversaturation,over saturation,over shadow,out of frame,obese,odd proportions,asymmetrical,fat,dialog,words,fonts,teeth,((((ugly))),(((duplicate))),((morbid)),b&w,\[out of frame\],((poorly drawn hands)),((poorly drawn face)),(((mutation))),blurry,cloned face,(((disfigured))),gross proportions,(malformed limbs),((missing arms)),((missing legs)),(((extra arms))),(((extra legs))),((fused fingers)),(too many fingers),neon lights,tan lines,wrinkles,armpit hair,lowres,poorly drawn,crippled,crooked,broken,weird,odd,distorted,erased,cut,mutilated,sloppy,hideous,pixelated,aliasing,kid,child,mutated,extra_limb,two heads,children,gross,disgusting,horrible,scary,evil,old,conjoined,morphed,error,glitch,extra digits,signature,jpeg artifacts,low quality,unfinished,cropped,siamese twins,robot eyes,asian,penis,cartoon,manga,(fish:1.3),(lens:1.3),



Positive Prompt	Full body ,photo of a 18 yer old girl, Super Strength Pose: Flexing muscles with a determined look, ready to showcase incredible strength. ,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,<lora:add_detail:1>,
Negative Prompt	High pass filter,airbrush,portrait,zoomed,soft light,deformed,extra limbs,extra fingers,mutated hands,bad anatomy,bad proportions,blind,bad eyes,ugly eyes,dead eyes,blur,vignette,out of shot,out of focus,monochrome,grainy,noisy,text,writing,watermark,logo,oversaturation,over saturation,over shadow,out of frame,obese,odd proportions,asymmetrical,fat,dialog,words,fonts,teeth,((((ugly))),(((duplicate))),((morbid)),b&w,\[out of frame\],((poorly drawn hands)),((poorly drawn face)),(((mutation))),blurry,cloned face,(((disfigured))),gross proportions,(malformed limbs),((missing arms)),((missing legs)),(((extra arms))),(((extra legs))),((fused fingers)),(too many fingers),neon lights,tan lines,wrinkles,armpit hair,lowres,poorly drawn,crippled,crooked,broken,weird,odd,distorted,erased,cut,mutilated,sloppy,hideous,pixelated,aliasing,kid,child,mutated,extra_limb,two heads,children,gross,disgusting,horrible,scary,evil,old,conjoined,morphed,error,glitch,extra digits,signature,jpeg artifacts,low quality,unfinished,cropped,siamese twins,robot eyes,asian,penis,cartoon,manga,(fish:1.3),(lens:1.3),



Positive Prompt	Full body ,photo of a 18 yer old girl, Dynamic Landing: One knee on the ground, fist pressed against the ground after a powerful landing ,.happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,<lora:add_detail:1>,
Negative Prompt	High pass filter,airbrush,portrait,zoomed,soft light,deformed,extra limbs,extra fingers,mutated hands,bad anatomy,bad proportions,blind,bad eyes,ugly eyes,dead eyes,blur,vignette,out of shot,out of focus,monochrome,grainy,noisy,text,writing,watermark,logo,oversaturation,over saturation,over shadow,out of frame,obese,odd proportions,asymmetrical,fat,dialog,words,fonts,teeth,((((ugly))),(((duplicate))),((morbid))),b&w,\[out of frame\],((poorly drawn hands)),((poorly drawn face)),(((mutation))),blurry,cloned face,(((disfigured))),gross proportions,(malformed limbs),((missing arms)),((missing legs)),(((extra arms))),(((extra legs))),((fused fingers)),(too many fingers),neon lights,tan lines,wrinkles,armpit hair,lowres,poorly drawn,crippled,crooked,broken,weird,odd,distorted,erased,cut,mutilated,sloppy,hIDEOUS,pixelated,aliasing,kid,child,mutated,extra_limb,two heads,children,gross,disgusting,horrible,scary,evil,old,conjoined,morphed,error,glitch,extra digits,signature,jpeg artifacts,low quality,unfinished,cropped,siamese twins,robot eyes,asian,penis,cartoon,manga,(fish:1.3),(lens:1.3),



Positive Prompt	Full body ,photo of a 18 yer old girl, basketball player,dribble past someone in a basketball game ,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,<lora:add_detail:1>,
Negative Prompt	High pass filter,airbrush,portrait,zoomed,soft light,deformed,extra limbs,extra fingers,mutated hands,bad anatomy,bad proportions,blind,bad eyes,ugly eyes,dead eyes,blur,vignette,out of shot,out of focus,monochrome,grainy,noisy,text,writing,watermark,logo,oversaturation,over saturation,over shadow,out of frame,obese,odd proportions,asymmetrical,fat,dialog,words,fonts,teeth,((((ugly))),(((duplicate))),((morbid)),b&w,\[out of frame\],((poorly drawn hands)),((poorly drawn face)),(((mutation))),blurry,cloned face,(((disfigured))),gross proportions,(malformed limbs),((missing arms)),((missing legs)),(((extra arms))),(((extra legs))),((fused fingers)),(too many fingers),neon lights,tan lines,wrinkles,armpit hair,lowres,poorly drawn,crippled,crooked,broken,weird,odd,distorted,erased,cut,mutilated,sloppy,hideous,pixelated,aliasing,kid,child,mutated,extra_limb,two heads,children,gross,disgusting,horrible,scary,evil,old,conjoined,morphed,error,glitch,extra digits,signature,jpeg artifacts,low quality,unfinished,cropped,siamese twins,robot eyes,asian,penis,cartoon,manga,(fish:1.3),(lens:1.3),



Positive Prompt	Full body ,photo of a 18 yer old girl, practicing martial arts,fire punch ,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,<lora:add_detail:1>,
Negative Prompt	High pass filter,airbrush,portrait,zoomed,soft light,deformed,extra limbs,extra fingers,mutated hands,bad anatomy,bad proportions,blind,bad eyes,ugly eyes,dead eyes,blur,vignette,out of shot,out of focus,monochrome,grainy,noisy,text,writing,watermark,logo,oversaturation,over saturation,over shadow,out of frame,obese,odd proportions,asymmetrical,fat,dialog,words,fonts,teeth,((((ugly))),(((duplicate))),((morbid)),b&w,[out of frame\],((poorly drawn hands)),((poorly drawn face)),(((mutation))),blurry,cloned face,(((disfigured))),gross proportions,(malformed limbs),((missing arms)),((missing legs)),(((extra arms))),(((extra legs))),(fused fingers),(too many fingers),neon lights,tan lines,wrinkles,armpit hair,lowres,poorly drawn,crippled,crooked,broken,weird,odd,distorted,erased,cut,mutilated,sloppy,hideous,pixelated,aliasing,kid,child,mutated,extra_limb,two heads,children,gross,disgusting,horrible,scary,evil,old,conjoined,morphed,error,glitch,extra digits,signature,jpeg artifacts,low quality,unfinished,cropped,siamese twins,robot eyes,asian,penis,cartoon,manga,(fish:1.3),(lens:1.3),



Positive Prompt	Full body ,photo of a 18 yer old girl, yoga swing ,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,<lora:add_detail:1>,
Negative Prompt	High pass filter,airbrush,portrait,zoomed,soft light,deformed,extra limbs,extra fingers,mutated hands,bad anatomy,bad proportions,blind,bad eyes,ugly eyes,dead eyes,blur,vignette,out of shot,out of focus,monochrome,grainy,noisy,text,writing,watermark,logo,oversaturation,over saturation,over shadow,out of frame,obese,odd proportions,asymmetrical,fat,dialog,words,fonts,teeth,((((ugly))),(((duplicate))),((morbid)),b&w,[out of frame\],((poorly drawn hands)),((poorly drawn face)),(((mutation))),blurry,cloned face,(((disfigured))),gross proportions,(malformed limbs),((missing arms)),((missing legs)),(((extra arms))),(((extra legs))),(fused fingers),(too many fingers),neon lights,tan lines,wrinkles,armpit hair,lowres,poorly drawn,crippled,crooked,broken,weird,odd,distorted,erased,cut,mutilated,sloppy,hideous,pixelated,aliasing,kid,child,mutated,extra_limb,two heads,children,gross,disgusting,horrible,scary,evil,old,conjoined,morphed,error,glitch,extra digits,signature,jpeg artifacts,low quality,unfinished,cropped,siamese twins,robot eyes,asian,penis,cartoon,manga,(fish:1.3),(lens:1.3),



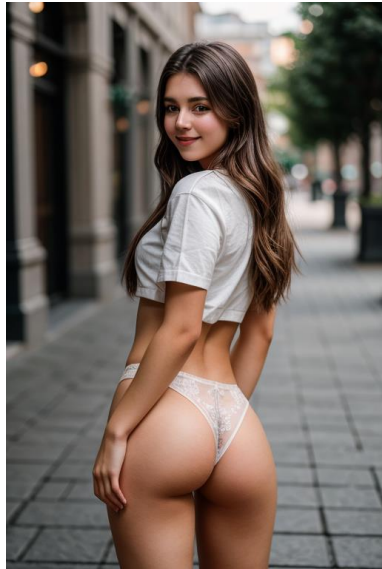
Positive Prompt	Full body ,photo of a 18 yer old girl, hands on cheek ,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,<lora:add_detail:1> ,
Negative Prompt	High pass filter,airbrush,portrait,zoomed,soft light,deformed,extra limbs,extra fingers,mutated hands,bad anatomy,bad proportions,blind,bad eyes,ugly eyes,dead eyes,blur,vignette,out of shot,out of focus,monochrome,grainy,noisy,text,writing,watermark,logo,oversaturation,over saturation,over shadow,out of frame,obese,odd proportions,asymmetrical,fat,dialog,words,fonts,teeth,((((ugly)))) ,(((duplicate))),((morbid)),b&w,[out of frame\],((poorly drawn hands)),((poorly drawn face)),(((mutation))),blurry,cloned face,(((disfigured))),gross proportions,(malformed limbs),((missing arms)),((missing legs)),(((extra arms))),(((extra legs))),(fused fingers),(too many fingers),neon lights,tan lines,wrinkles,armpit hair,lowres,poorly drawn,crippled,crooked,broken,weird,odd,distorted,erased,cut,mutilated,sloppy,hideous,pixelated,aliasing,kid,child,mutated,extra_limb,two heads,children,gross,disgusting,horrible,scary,evil,old,conjoined,morphed,error,glitch,extra digits,signature,jpeg artifacts,low quality,unfinished,cropped,siamese twins,robot eyes,asian,penis,cartoon,manga,(fish:1.3),(lens:1.3),



Positive Prompt	Full body ,photo of a 18 yer old girl, hands on knees ,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,<lora:add_detail:1> ,
Negative Prompt	High pass filter,airbrush,portrait,zoomed,soft light,deformed,extra limbs,extra fingers,mutated hands,bad anatomy,bad proportions,blind,bad eyes,ugly eyes,dead eyes,blur,vignette,out of shot,out of focus,monochrome,grainy,noisy,text,writing,watermark,logo,oversaturation,over saturation,over shadow,out of frame,obese,odd proportions,asymmetrical,fat,dialog,words,fonts,teeth,((((ugly)))) ,(((duplicate))),((morbid)),b&w,[out of frame\],((poorly drawn hands)),((poorly drawn face)),(((mutation))),blurry,cloned face,(((disfigured))),gross proportions,(malformed limbs),((missing arms)),((missing legs)),(((extra arms))),(((extra legs))), (fused fingers),(too many fingers),neon lights,tan lines,wrinkles,armpit hair,lowres,poorly drawn,crippled,crooked,broken,weird,odd,distorted,erased,cut,mutilated,sloppy,hideous,pixelated,aliasing,kid,child,mutated,extra_limb,two heads,children,gross,disgusting,horrible,scary,evil,old,conjoined,morphed,error,glitch,extra digits,signature,jpeg artifacts,low quality,unfinished,cropped,siamese twins,robot eyes,asian,penis,cartoon,manga,(fish:1.3),(lens:1.3),



Positive Prompt	Full body ,photo of a 18 yer old girl, hands on ass ,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,<lora:add_detail:1> ,
Negative Prompt	High pass filter,airbrush,portrait,zoomed,soft light,deformed,extra limbs,extra fingers,mutated hands,bad anatomy,bad proportions,blind,bad eyes,ugly eyes,dead eyes,blur,vignette,out of shot,out of focus,monochrome,grainy,noisy,text,writing,watermark,logo,oversaturation,over saturation,over shadow,out of frame,obese,odd proportions,asymmetrical,fat,dialog,words,fonts,teeth,((((ugly)))) ,(((duplicate))),((morbid)),b&w,[out of frame\],((poorly drawn hands)),((poorly drawn face)),(((mutation))),blurry,cloned face,(((disfigured))),gross proportions,(malformed limbs),((missing arms)),((missing legs)),(((extra arms))),(((extra legs))),(fused fingers),(too many fingers),neon lights,tan lines,wrinkles,armpit hair,lowres,poorly drawn,crippled,crooked,broken,weird,odd,distorted,erased,cut,mutilated,sloppy,hideous,pixelated,aliasing,kid,child,mutated,extra_limb,two heads,children,gross,disgusting,horrible,scary,evil,old,conjoined,morphed,error,glitch,extra digits,signature,jpeg artifacts,low quality,unfinished,cropped,siamese twins,robot eyes,asian,penis,cartoon,manga,(fish:1.3),(lens:1.3),



Positive Prompt	Full body ,photo of a 18 yer old girl, hands on the ground ,happy,ray tracing,detail shadow,shot on Fujifilm X-T4,85mm f1.2,sharp focus,depth of field,blurry background,bokeh,<lora:add_detail:1> ,
Negative Prompt	High pass filter,airbrush,portrait,zoomed,soft light,deformed,extra limbs,extra fingers,mutated hands,bad anatomy,bad proportions,blind,bad eyes,ugly eyes,dead eyes,blur,vignette,out of shot,out of focus,monochrome,grainy,noisy,text,writing,watermark,logo,oversaturation,over saturation,over shadow,out of frame,obese,odd proportions,asymmetrical,fat,dialog,words,fonts,teeth,((((ugly)))) ,(((duplicate))),((morbid)),b&w,[out of frame\],((poorly drawn hands)),((poorly drawn face)),(((mutation))),blurry,cloned face,(((disfigured))),gross proportions,(malformed limbs),((missing arms)),((missing legs)),(((extra arms))),(((extra legs))), (fused fingers),(too many fingers),neon lights,tan lines,wrinkles,armpit hair,lowres,poorly drawn,crippled,crooked,broken,weird,odd,distorted,erased,cut,mutilated,sloppy,hideous,pixelated,aliasing,kid,child,mutated,extra_limb,two heads,children,gross,disgusting,horrible,scary,evil,old,conjoined,morphed,error,glitch,extra digits,signature,jpeg artifacts,low quality,unfinished,cropped,siamese twins,robot eyes,asian,penis,cartoon,manga,(fish:1.3),(lens:1.3),



Summary of Posing Prompt

- Most of poses in the file were tested without specifying camera angle
 - Try **from below/from above** and **full body**, and you'll find something impressive (after lottery, of course)

The End